### FIRST YEAR SEMINAR

- UCO 1200, HON 1515, or WRC 1103 (3 of 6 s.h. will count here) or UCO MET* (0 s.h.)

*open to students who transfer at least 30 s.h. AND are classified as transfer students by Admissions. The 30 s.h. must be completed prior to enrollment at ASU. Students using this option will have 41 s.h. of General Education.

### WRITING ACROSS THE CURRICULUM - (6 s.h. required)

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
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<tbody>
<tr>
<td>R C 1000, LLC 1000, or WRC 1103</td>
<td>(3 of 6 s.h. will count here)</td>
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<tr>
<td>R C 2001 or WRC 2001</td>
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</tbody>
</table>

### MAJOR REQUIREMENTS (hours count in major requirements)

- Junior Writing in the Discipline (“WID” on major Program of Study)
- Senior Capstone Experience (“CAP” on major Program of Study)

### WELLNESS LITERACY (2 s.h. required)

Choose from the following:
- 1 s.h. courses: DAN 1400, 1410, 1420, 1430, 2400, 2410, 2420, 3280, 3480, 3580, 4580, HED 1000, MSL 1101, P H 1105
- 2 s.h. courses: DAN 4460, HPE 4320, NUT 2202, P E 1718 or 1769

### QUANTITATIVE LITERACY (4 s.h. required)

4 s.h. courses (These courses fully complete this requirement.):

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
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<tbody>
<tr>
<td>C S 1445, MAT 1010, MAT 1020, MAT 1110, STT 2820, WRC 1010</td>
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3 s.h. courses (These courses count toward, but do not fully complete, this requirement.):

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<tr>
<th>Course</th>
<th>Description</th>
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<tr>
<td>ECO 2100, ECO 2200, MAT 1035, STT 1810, STT 2810, STT 3820</td>
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1 s.h. courses (for students who transfer 3 s.h. of QL coursework): MAT 1005, STT 1805

If you have transferred 3 hours of QL coursework, please check with your advisor to see if your intended major requires a course which can count for the final QL hour.

### SCIENCE INQUIRY requires 8 semester hours from one theme (underlined). Courses in themes marked with an * must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.

- **Biology in Society:** BIO ___1201, ___1202, and ___1203 or (for transfer credit) BIO ___1201/1204 and ___1202/1205
- **The Blue Planet:** GLY___1101 and ___1105
- **Chemistry Connections to Our Changing World:** CHE ___1101/1110 and ___1102/1120
- **Global Environmental Change:** choose 2 from: BIO 1103, GHY 1011, GHY 1012, GLY 1103, GLY 1104
- **How Things Work:** PHY ___1101 and ___1102
- **Life, Earth and Evolution:** ANT 1430 and GLY 1102
- **The Physics of Our Technological World:** PHY ___1103 and ___1104
- **Physics of Self Expression:** PHY ___1101 and ___1812 or PHY ___1812 and ___1814
- **Physics with Calculus:** PHY ___1150 and ___1151
- **Restless Planet: Earth, Environment and Evolution:** choose 2 from: GLY ___1101, ___1102, ___1103
- **Voyages Through the Cosmos:** AST ___1001 and ___1002

**NOTE:** A 1 hour lab option may be available for students who have transferred in a 3 hour science lecture course. Please contact the Office of General Education at (828) 262-2028 or gened@appstate.edu for more information.
INTEGRATIVE LEARNING EXPERIENCE: Complete 9 semester hours from a single theme. Students must take courses from at least two discipline prefixes in the chosen theme with the exceptions of “Appalachian Mountains: Community, Culture, and Land” and “Experiencing Inquiry: How to Ask Questions.”

- American Culture: Past and Present: __COM 3130, __ENG 2120 (LS), __HIS 2525 (HS), __IDS 2000, __REL 3110, __S W 2020 (SS)
- Appalachian Mountains: Community, Culture, and Land: __A S/MUS 2016 (FA), __A S 2200 (LS), __A S/GLY 2301, __AS 3000, __HIS 3726 (HS), __SOC 3710 (SS)
- Cultivating Creative Expression: __ART 2022 (FA), __ENG 2360 (LS), __MUS 2022 (FA), __THR 2022 (FA)
- Experiencing Inquiry: How to Ask Questions: __WRC 2201 (LS), __WRC 2202 (HS), __WRC 3000 (SS), __WRC 3203 (FA)
- Expressions of Culture: __COM 2124 (SS), __DAN 2020 (FA), __DAN 2030 (FA), __LLC 2050, __THR 2020 (FA)
- From Empire to Globalization: __ANT 1415 (SS), __ENG 2040 (LS), __GWS 2525, __GLS 2000, __HIS 1400 (HS), __P S 2120
- How We Know What We Know About the Past: Method, Evidence, Knowledge: __ANT 1420 (SS), __GLY 1842, __HIS 2312 (HS), __HIS 2320 (HS), __LLC 2045 (LS)
- How We Tell Stories: __C I/ITC 2010, __ENG 2170, __IDS 3210, __LLC 2025 (LS), __PHL 1502, __REL 2020 (LS), __THR 2005 (FA), __THR 3640 (FA)
- The Human-Animal Bond: __ENG 2430 (LS), __ENG/S D 3715 (LS), __GLS 3580, __PHL 2010, __WRC 2110
- Imagination, Innovation, and Meaning: __DAN 2010 (FA), __HIS 1110 (HS), __MUS 2018 (FA), __PHL 2013, __THR 2010 (FA)
- Intersections: Race, Class, and Gender: __ART 2420 (SS), __ENG 2130 (LS), __GWS 2421, __MUS 2023 (FA), __PHL 3050, __P S 3410, __SOC 2050 (SS), __S W 2615
- Las Américas: __ANT 2300 (SS), __GHY 3014 (SS), __GLS 3020 (HS), __HIS 2301 (HS), __HIS 2302 (HS), __LLC 2040 (LS), __REL 3100, __WRC 2400 (FA)
- Revolutions: Social and Political: __ART 2019 (FA), __HIS 1501 (HS), __HIS 2340 (HS), __IDS 3650, __MUS 2015 (FA), __PHL 3030, __SOC 1110 (SS), __THR 2017 (FA)
- So You Want to Change the World?: __C I 2250, __C I 2350, __FDN 2150, __FDN 2250 (LS), __FDN 2350 (SS)
- Social Relations Across Contexts: __COM 2121, __HIS 1120 (HS), __PSY 2100, __PSY 2213 (SS), __SOC 1110 (SS)
- Sustainability and Global Resources: __FCS 2110, __FER 1000, __GHY 1010, __IDS 3010, __PHL 2015, __PHY 1830, __S D 2400, __TEC 2029 (SS)
- War and Peace: __ANT 2222 (SS), __GLS/JHP 2350, __HIS/JHP 2300, __HIS 3158 (HS), __HIS 3823 (HS), __P S 4225 (SS), __REL 3170, __SOC 3800 (SS)

LIBERAL STUDIES EXPERIENCE: Complete 12 semester hours from at least three discipline prefixes.

- Anthropology (ANT): __2100 (SS), __2235 (SS), __2400 (SS), __2430 (SS), __2700 (SS), __2800 (SS)
- Appalachian Studies (A S): __2020, __2025, __2411 (SS)
- Apparel Design and Merchandising (ADM): __1000 (SS)
- Arabic (ARB): __1050
- Art (ART): __2011 (FA), __2016 (FA), __2030 (FA), __2130 (FA)
- Astronomy (AST): __1050
- Business Education (B E): __1590
- Chinese (CHN): __1050
- Commercial Photography (PHO): __2032
- Communication (COM): __2015, __3300, __3315
- Criminal Justice (C J): __3450 (SS)
- Curriculum & Instruction (C I): __C I/R M 2000
- Dance (DAN): __3430 (FA), __3435 (FA)
- Economics (ECO): __2030 (SS), __2040 (SS), __2620 (SS)
- English (ENG): __1500, __2030 (LS), __2050 (LS), __2060 (LS), __2070 (LS), __2175, __2350 (LS)
- Family & Child Studies (FCS): __2103 (SS), __2111
- Finance (FIN): __2860
- French (FRE): __1050 OR __1060 (3 of 6 s.h. count in General Education)
- Gender, Women's, and Sexuality Studies (GWS): __2600
- Geography (GKYH): __1020 (SS), __1040 (SS)
- German (GER): __1050 OR __1060 (3 of 6 s.h. count in General Education)
- History (HIS): __1101 (HS), __1102 (HS), __1130 (HS), __1200 (HS), __1700 (HS), __HIS/WRC 2310, __3728 (HS)
- Industrial Design (IND): __2012 (FA)
- Interdisciplinary Studies (IDS): __3025, __3250
- Interior Design (INT): __1300 (FA)
- Japanese (JPN): __1050
- Languages, Literatures, and Cultures (LLC): __LLC/WRC 2030, __3430 (LS)
- Latin (LAT): __1050
- Music (MUS): __2011 (FA), __2014 (FA), __2052, __2611 (HS) (2 s.h.), __2612 (HS) (2 s.h.), __2613, __2616 (FA), __3611 (HS) (2 s.h.)
- Nutrition (NUT): __2351 (SS)
- Philosophy (PHL): __1000, __1100, __1501, __1503, __2000, __3000 (HS), __3013, __3015, __3020, __3200 (HS), __3550, __3600
- Planning (PLN): __2410 (SS)
- Political Science (P S): __1100 (SS), __1200 (SS), __2130 (SS)
- Portuguese (POR): __1050
- Psychology (PSY): __1200 (SS)
- Recreation Management (R M): __R M/C I 2000, __2100 (SS), __2110 (HS)
- Religious Studies (REL): __1010 (LS), __1100 (SS), __1110, __1115, __1120, __1700, __2010 (LS), __2030 (LS), __2110 (HS), __2120 (HS), __2130, __2150 (HS), __2180, __3120
- Russian (RUS): __1050
- Sociology (SOC): __1000 (SS), __2020 (SS), __2850 (SS), __3100 (SS)
- Spanish (SNH): __1050 OR __1060 (3 of 6 s.h. count in General Education)
- Technology (TEC): __2601
- Theatre (THR): __2025 (FA), __2300 (FA), __2610 (FA), __3730 (FA)
- Watauga Residential College (WRC): __1104 (6 s.h.) (This course is available only to Watauga Residential College students), __WRC/LLC 2030, __2204, __WRC/IDS 2302, __2401, __2403 (LS), __WRC/HIS 3210, __3401 (LS), __3402, __3403 (FA), __3665 (LS)