The Minor in Health Education, General is for those students with or working towards a teaching license in a subject area other than Health Education. A minor in Health Education, General consists of 18 semester hours.

I. REQUIRED COURSES: 15 SH

HED 3450 School Health Programs (3) F;S  
HED 3655 Methods and Materials in Health Education (3) F;S  
HED 4650 Drug Education and Prevention (3) F;S  
HED/HPC 4710 Teaching Sex Education Within a Family Context (3) F;S  
HED/HP 3100 Emergency Care and CPR (3) F;S

II. SELECT ONE COURSE FROM THE FOLLOWING: 3 SH

HED 2100 Introduction to Health Education (3) F  
HED 3120 Consumer Health Education (3) S  
HED 4730 Teaching Stress Management and Emotional Health (3) F  
NUT 2202 Nutrition and Health (3) F;S

III. TOTAL HOURS REQUIRED FOR MINOR: 18 SH

5/1/12