

2010-2011

Bachelor of Science (BS)
Non-Teaching
Degree Code 509A

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Health Promotion
(HLES.Appstate.edu)

I. GENERAL EDUCATION 44

II. MAJOR REQUIREMENTS 78

An overall 2.0 GPA is required in the major/18 sh must be completed at Appalachian.

8 sh from one of the following science sequences:

BIO 1101 and 1102 (**Gen Ed: Sci. Inq.**) or CHE 1101/1110 and 1102/1120 (**Gen Ed: Sci. Inq.**)

- SOC 1000____(3) The Sociological Perspective (**Gen Ed theme: H&S: Individual and Society**)
- NUT 2202____(3) Nutrition and Health (**Gen Ed: Wellness Literacy, 2 s.h.**)
- MAT 1025____(4) Algebra & Elementary Function (required ONLY if an Exercise Science Minor is pursued)
(Gen Ed: Quantitative Literacy)
- H P 2100____(3) Health Program Planning & Evaluation (WID)
- H P 2200____(3) Lifestyle Disease & Risk Reduction
- H P 3000____(3) Fitness in Health Promotion
- HP/HED 3100____(3) Emergency Care & CPR
- H P 3130____(3) Environmental Health
- H P 3200____(3) Health Risk Appraisal
- H P 3700____(3) Health Behavior Change
- H P 4100____(2) Biostatistics
- H P 4200____(3) Principles of Epidemiology (**Prerequisite: HP 4100**)
- H P 4300____(3) Smoking Cessation/Alcohol Treatment Program
- H P 4400____(3) Weight Management (**Prerequisite: FCS 2202**)
- H P 4701____(3) Seminar in Health Promotion (**Prerequisite: HP 3200**)
- H P 4800____(3) Health Promotion Interventions (**Prerequisite: HP 2100 and Senior Standing**)
- H P 4900____(6) Internship (CAP) (**Senior Standing**)
- COM 2101____(3) Public Speaking (C minimum)
- C S 1410____(2) Introduction to Computer Applications (**Prerequisite: passing Math placement or MAT 0010**)
- E S 2000____(5) Human Anatomy & Physiology
- SOC 1110____(3) Marriage & Family Relations
- SOC 3100____(3) Gerontology

III. MINOR REQUIRED (Choose an appropriate minor in consultation with HP advisor) 15-18
9 sh of a minor must be completed at Appalachian.

IV. FREE ELECTIVES (to total a minimum of 122 sh) 2
2 sh of free electives outside the major discipline are required. 139-142

V. GENERAL EDUCATION COURSES up to 17
The following courses taken for the major may count toward General Education. 122-125

- BIO 1101 and 1102 OR CHE 1101/1110 and 1102/1120 (8 sh)
- SOC 1000 (3 sh)
- NUT 2202 (2 sh)
- MAT 1025 (4 sh) required ONLY if an Exercise Science minor is pursued