I. GENERAL EDUCATION ......................................................................................................................... 44

II. MAJOR REQUIREMENTS ....................................................................................................................... 78

An overall 2.0 GPA is required in the major/18 sh must be completed at Appalachian.

8 sh from one of the following science sequences:
BIO 1101 and 1102 (Gen Ed: Sci. Inq.) or CHE 1101/1110 and 1102/1120 (Gen Ed: Sci. Inq.)

SOC 1000_______(3) The Sociological Perspective (Gen Ed theme: H&S: Individual and Society)
FCS 2202_______(3) Nutrition and Health (Gen Ed: Wellness Literacy, 2 s.h.)
MAT 1025_______(4) Algebra & Elementary Function (required ONLY if an Exercise Science Minor is pursued)
(HGen Ed: Quantitative Literacy)
H P 2100_______(3) Health Program Planning & Evaluation (WID)
H P 2200_______(3) Lifestyle Disease & Risk Reduction
H P 3000_______(3) Fitness in Health Promotion
HP/HED 3100_______(3) Emergency Care & CPR
H P 3130_______(3) Environmental Health
H P 3200_______(3) Health Risk Appraisal
H P 3700_______(3) Health Behavior Change
H P 4100_______(2) Biostatistics
H P 4200_______(3) Principles of Epidemiology (Prerequisite: HP 4100)
H P 4300_______(3) Smoking Cessation/Alcohol Treatment Program
H P 4400_______(3) Weight Management (Prerequisite: FCS 2202)
H P 4701_______(3) Seminar in Health Promotion (Prerequisite: HP 3200)
H P 4800_______(3) Health Promotion Interventions (Prerequisite: HP 2100 and Senior Standing)
H P 4900_______(6) Internship (CAP) (Senior Standing)
COM 2101_______(3) Public Speaking (C minimum)
C S 1410_______(2) Introduction to Computer Applications (Prerequisite: passing Math placement or MAT 0010)
E S 2000_______(5) Human Anatomy & Physiology
SOC 1110_______(3) Marriage & Family Relations
SOC 3100_______(3) Gerontology

III. MINOR REQUIRED (Choose an appropriate minor in consultation with HP advisor) ...................... 15–18

9 sh of a minor must be completed at Appalachian.

IV. FREE ELECTIVES (to total a minimum of 122 sh) ................................................................. 2

2 sh of free electives outside the major discipline are required. .................................................. 139-142

V. GENERAL EDUCATION COURSES ..................................................................................................... up to 17

The following courses taken for the major may count toward General Education. .................. 122-125
BIO 1101 and 1102 OR CHE 1101/1110 and 1102/1120 (8 sh)
SOC 1000 (3 sh)
FCS 2202 (2 sh)
MAT 1025 (4 sh) required ONLY if an Exercise Science minor is pursued