

Bachelor of Science (BS)  
Non-Teaching  
Degree Code 509A

2009-2010  
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Health Promotion  
(HLES.Appstate.edu)

I. GENERAL EDUCATION ..... 44

II. MAJOR REQUIREMENTS ..... 78

*An overall 2.0 GPA is required in the major/18 sh must be completed at Appalachian.*

8 sh from one of the following science sequences:

BIO 1101 and 1102 (**Gen Ed: Sci. Inq.**) or CHE 1101/1110 and 1102/1120 (**Gen Ed: Sci. Inq.**)

- SOC 1000\_\_\_\_(3) The Sociological Perspective (**Gen Ed theme: H&S: Individual and Society**)
- FCS 2202\_\_\_\_(3) Nutrition and Health (**Gen Ed: Wellness Literacy, 2 s.h.**)
- MAT 1025\_\_\_\_(4) Algebra & Elementary Function (required ONLY if an Exercise Science Minor is pursued)  
**(Gen Ed: Quantitative Literacy)**
- H P 2100\_\_\_\_(3) Health Program Planning & Evaluation (WID)
- H P 2200\_\_\_\_(3) Lifestyle Disease & Risk Reduction
- H P 3000\_\_\_\_(3) Fitness in Health Promotion
- HP/HED 3100\_\_\_\_(3) Emergency Care & CPR
- H P 3130\_\_\_\_(3) Environmental Health
- H P 3200\_\_\_\_(3) Health Risk Appraisal
- H P 3700\_\_\_\_(3) Health Behavior Change
- H P 4100\_\_\_\_(2) Biostatistics
- H P 4200\_\_\_\_(3) Principles of Epidemiology (**Prerequisite: HP 4100**)
- H P 4300\_\_\_\_(3) Smoking Cessation/Alcohol Treatment Program
- H P 4400\_\_\_\_(3) Weight Management (**Prerequisite: FCS 2202**)
- H P 4701\_\_\_\_(3) Seminar in Health Promotion (**Prerequisite: HP 3200**)
- H P 4800\_\_\_\_(3) Health Promotion Interventions (**Prerequisite: HP 2100 and Senior Standing**)
- H P 4900\_\_\_\_(6) Internship (CAP) (**Senior Standing**)
- COM 2101\_\_\_\_(3) Public Speaking (C minimum)
- C S 1410\_\_\_\_(2) Introduction to Computer Applications (**Prerequisite: passing Math placement or MAT 0010**)
- E S 2000\_\_\_\_(5) Human Anatomy & Physiology
- SOC 1110\_\_\_\_(3) Marriage & Family Relations
- SOC 3100\_\_\_\_(3) Gerontology

III. MINOR REQUIRED (Choose an appropriate minor in consultation with HP advisor) ..... 15-18  
*9 sh of a minor must be completed at Appalachian.*

IV. FREE ELECTIVES (to total a minimum of 122 sh) ..... 2  
*2 sh of free electives outside the major discipline are required.* 139-142

V. GENERAL EDUCATION COURSES ..... up to 17  
The following courses taken for the major may count toward General Education. 122-125

- BIO 1101 and 1102 OR CHE 1101/1110 and 1102/1120 (8 sh)
- SOC 1000 (3 sh)
- FCS 2202 (2 sh)
- MAT 1025 (4 sh) required ONLY if an Exercise Science minor is pursued