FIRST YEAR SEMINAR
__UCO 1200 or HON 1515 or WRC 1103 (3 of 6 s.h. will count here)
or __UCO MET* (0 s.h.)
*open to students who transfer at least 30 s.h. AND are classified as transfer students by Admissions. The 3 s.h. must be completed prior to enrollment at ASU. Students using this option will have 41 s.h. of General Education.

WRITING ACROSS THE CURRICULUM (6 s.h. required)
__R C 1000 or LLC 1000 or WRC 1103 (3 of 6 s.h. will count here)
__R C 2001 or WRC 2001

MAJOR REQUIREMENTS (hours count in major requirements)
__Junior Writing in the Discipline ("WID") on major program of study)
__Senior Capstone Experience ("CAP" on major program of study)

QUANTITATIVE LITERACY (4 s.h. required)
1 s.h. courses (for students who transfer 3 s.h. of QL coursework):
___MAT 1005, ___STT 1301
If you have transferred 3 hours of QL coursework, please check with your advisor to see if your intended major requires a course which can count for the final QL hour.
3 s.h. courses (These courses count toward, but do not fully complete, this requirement):
___ECO 2100, ___STT 2810, ___STT 3820
4 s.h. courses (These courses fully complete this requirement):__MAT 1010, __MAT 1020, __MAT 1025, __MAT 1030, __MAT 1110, ___C S 1445, ___STT 2820

WELLNESS LITERACY (2 s.h. required)- Choose from the following:
1 s.h. courses:__P E 1530-1549, P E 1700-1877
2 s.h. courses:__H P 1105, HED 1000, __DAN 1400, __DAN 1410, __DAN 1420, __DAN 1430, __DAN 2400, __DAN 2410, __DAN 2420, __DAN 3280, __DAN 3480, __DAN 3580, __MSL 1101
3 s.h. courses (additional hour may count as elective):__DAN 4460, __HEP 4320, __NUT 2202, __P E 1718, __P E 1768, __P E 1769

INTEGRATIVE LEARNING EXPERIENCE: Complete 9 semester hours from a single theme. Students must take courses from at least two discipline prefixes.

REVOLUTIONS: SOCIAL AND POLITICAL:
___HIS 1501 (SS), ___HIS 3403 (SS), ___HIS 3504 (HS), ___HIS 3524 (LS)
___HIS 1502, ___HIS 1503, ___HIS 3502 (HS), ___HIS 3525 (SS)
___HIS 1504, ___HIS 1505, ___HIS 3526 (SS)
___HIS 3501 (SS), ___HIS 3521 (SS), ___HIS 3523 (SS), ___HIS 3527 (SS)

SCIENCE INQUIRY requires 8 semester hours from one theme (underlined). Courses in themes marked with an * must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.

__Biology in Society: BIO ___1201, ___1202, AND ___1203
__OR (for transfers with credit) BIO ___1201/1204 AND ___1202/1205
__The Blue Planet: GLY ___1104 AND ___1105
__Chemistry Connections to Our Changing World: CHE ___1101/1110 AND ___1102/1120
__Global Environmental Change: ___BIO 1103, ___GLY 1011, ___GLY 1102, ___GLY 1103, ___GLY 1104
__How Things Work: PHY ___1101 AND ___1102
__Life, Earth and Evolution: ___ANT 1430 AND ___GLY 1102
__The Physics of Our Technological World: PHY ___1103 AND ___1104
__Physics of Self Expression: ___PHY 1001, ___1812, ___1814
__Physics with Calculus: PHY ___1150 AND ___1151
__Restless Planet: Earth, Environment and Evolution: ___GLY ___1101, ___1102, ___1103
__Voyages Through the Cosmos: ___AST ___1001 AND ___1002

NOTE: A 1 hour lab option may be available for students who have transferred in a 3 hour science lecture course. Please contact the Office of General Education at (828) 262-2082 or gened@appstate.edu for more information.

DESIGNATIONS (3 s.h. of each required); may be taken in Integrative Learning Experience or Liberal Studies Experience:
__Fine Arts (FA), __Historical Studies (HS), __Literary Studies (LS), __Social Sciences (SS)

LIBERAL STUDIES EXPERIENCE: Complete 12 semester hours from at least three discipline prefixes.

__Apparel Design and Merchandising (ADM): ___1000 (SS)
__Anthropology (ANT): ___2100 (SS), ___2225 (SS), ___2400 (SS), ___2420 (SS), ___2700 (SS), ___2800 (SS)
__Appalachian Studies (A S): ___2010, ___2025, ___2411 (FA)
__Arabic (ARB): ___1050
__Art (ART): ___2011 (FA), ___2016 (FA), ___2030 (FA), ___2130 (FA)
__Astronomy (A ST): ___1050
__Chinese (CHN): ___1050
__Communication (COM): ___2105, ___3300, ___3315
__Criminal Justice (C J): ___3450 (SS)
__Dance (DAN): ___3430 (FA), ___3435 (FA)
__Economics (ECO): ___2030 (SS), ___2400 (SS), ___2620 (SS)
__English (ENG): ___2030 (LS), ___2050 (LS), ___2060 (LS), ___2250 (LS), ___ENG/S 3715 (LS)
__Family & Consumer Sciences (FCS): ___2103 (SS), ___2111
__Finance (FIN): ___2860
__French (FRE): ___1050 OR ___1060 (3 of 6 s.h. count in General Education)
__Gender, Women's, and Sexuality Studies (GWS): ___2600
__Geography (GHY): ___1020 (SS), ___1040 (SS)
__German (GER): ___1050 OR ___1060 (3 of 6 s.h. count in General Education)
__History (HIS): ___1101 (HS), ___1102 (HS), ___1110 (HS), ___1200 (HS), ___1700 (HS), ___3728 (HS)
__Industrial Design (IND): ___2012 (FA)
__Interdisciplinary Studies (IDS): ___IDS/WRC 2302, ___3025, ___3250
__Japanese (JPN): ___1050
__Latin (LAT): ___1050
__Music (MUS): ___2011 (FA), ___2014 (FA), ___2611 (HS) (2 s.h.), ___2612 (HS) (2 s.h.), ___2613 (FA), ___2614 (FA), ___3611 (HS) (2 s.h.), ___3612 (HS) (2 s.h.)
__Nutrition (NUT): ___2351 (SS)
__Philosophy (PHI): ___1000, ___1100, ___1101, ___1501, ___2000, ___3000 (HS), ___3013, ___3015, ___3200, ___3200 (HS), ___3550, ___3600
__Photography (PHO): ___2032
__Planning (PLN): ___2410 (SS)
__Political Science (P S): ___1200 (SS), ___2130 (SS)
__Portuguese (POR): ___1050
__Psychology (PSY): ___1200 (SS)
__Recreation Management (R M): ___2100, ___2140 (HS)
__Religion (REL): ___1010 (LS), ___1100, ___1101, ___1115, ___1120, ___2010 (LS), ___2030 (LS), ___2110 (HS), ___2120 (HS), ___2130, ___3120
__Russian (R S N): ___1050
__Sociology (SOC): ___1000 (SS), ___2020 (SS), ___2850 (SS), ___3100 (SS)
__Spanish (S NM): ___1050 OR ___1060 (3 of 6 s.h. count in General Education)
__Sustainable Development (S D): ___5 D/ENG 3715 (LS)
__Technology (TEC): ___2601
__Theatre (THR): ___2300 (FA), ___2610 (FA), ___3730 (FA)
__Watauga Residential College (WRC): ___1104 (6 s.h.) (This course is available only to Watauga Residential College students), ___WRC/IDS 2302, ___2401, ___2403 (LS), ___3401 (LS), ___3402, ___3403 (FA), ___3665 (LS)