Bachelor of Science in Health and Physical Education, K-12(BS)  
2015-2016

Beaver College of Health Sciences (BCHS)  
Department of Recreation Management and Physical Education  
Revised: 8/13/15

Major Code 825A  
CIP Code 13.1314  
Teaching

GENERAL EDUCATION

HPE 4320 (3) Nutrition and Health-Related Fitness (2 sh count for Gen Ed Wellness Literacy)  

MAJOR REQUIREMENTS

GPA Requirement: A CUMULATIVE GPA OF 2.50 IS REQUIRED FOR GRADUATION & LICENSURE

A minimum grade of “C” (2.0) is required in each major course: 18 sh must be completed at Appalachian

HPE 2110 (3) Foundations of Health and Physical Education  
HPE 2120 (3) Kinesiology  
HPE 2130 (3) Motor Behavior  
HPE 3210 (3) Community and School Health  
HPE 3220 (3) Instructional Systems  
HPE 3230 (3) Assessment in Health and Physical Education  
HPE 3240 (3) Behavioral Health Education  
HPE 4310 (3) Elementary Physical Education (WID) (ACT Service-Learning)  
HPE 4320 (3) Nutrition and Health-Related Fitness (GE Wellness Literacy)  
HPE 4330 (3) Sports and Activities I  
HPE 4340 (3) Sports and Activities II  
HPE 4350 (3) Sexuality and Sexual Health Education  
HPE 4410 (3) Adapted Physical Education  
HPE 4420 (3) Physical Education Practicum  
HPE 4430 (3) Physical Education Methods  
HPE 4440 (3) Health Education Methods

Proficiency Required: Adult and Pediatric First Aid/CPR/AED

PROFESSIONAL EDUCATION

A minimum grade of “C” (2.0) is required in each course. To be admitted to teacher education (TE), students must take and satisfy testing requirements for all areas of Praxis I (Reading, Writing & Mathematics); SAT or ACT scores may be used in lieu of Praxis I provided required minimum scores are met. Praxis II Specialty Area Exam is required prior to Student Teaching. For teacher education admission criteria, testing requirements and additional information, please refer to the Undergraduate Teacher Education Handbook listed under Quick Links at www.ced.appstate.edu.

CI 2300 (2) Teaching and Learning in the Digital Age. Required prior to admission to Teacher Education.

FDN 2400 (2) Critical Perspectives on Teaching and Learning. Required prior to admission to Teacher Education. Prerequisite or Co-requisite: CI 2300.

PSY 3010 (3) Psychology Applied to Teaching. May be taken prior to or after admission to Teacher Education. Prerequisite or Co-requisite: CI 2300.

SPE 3300 (3) Creating Inclusive Learning Communities. Admission to Teacher Education required. Prerequisites: CI 2300, FDN 2400, PSY 3010.

CI 3400 (2) Policies and Practices in Educational Assessment. Admission to Teacher Education required. Prerequisites: CI 2300, FDN 2400, PSY 3010.

CI 4900 (12) Student Teaching (S/U). All professional education & major courses must be completed with grades of > C (2.0) prior to CI 4900.

SECOND ACADEMIC CONCENTRATION (SAC)

REQUIREMENTS

Note: SAC is 18 sh; up to 9 sh can be double counted from General Education and Major

SACs must be selected from either 1) Sport Science and Coaching or 2) Public Health. Other SACs may be taken with the approval of an advisor or the program director.

ELECTIVES

(2 sh of free electives outside the major discipline are required)

General Education courses taken for the major
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TOTAL

125