

**Bachelor of Science in Health Promotion (BS)  
2012-2013 (Revised 10/31/12)**

**College of Health Sciences (CHS)  
Department of Health, Leisure and Exercise Science**

Major Code 509A  
CIP Code 51.2207  
Non-Teaching

Director: Dr. Alan Utter  
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**GENERAL EDUCATION..... 44**

**Note: Up to 20 sh of the following courses may be counted in General Education:**

- BIO 1101 and 1102 \_\_\_\_\_ (8) **OR** CHE 1101/1110 and 1102/1120 \_\_\_\_\_ (8)
- SOC 1000 \_\_\_\_\_ (3)
- SOC 1110 \_\_\_\_\_ (3)
- NUT 2202 \_\_\_\_\_ (2)
- MAT 1025 \_\_\_\_\_ (4) (required ONLY if an Exercise Science Minor is pursued)

**MAJOR REQUIREMENTS ..... 78**

*GPA Requirement: An overall 2.0 GPA is required in the major  
18 sh must be completed at Appalachian.*

**8 sh from one of the following science sequences:**

BIO 1101 and 1102 \_\_\_\_\_ (Gen Ed: Sci. Inq.)

**OR**

CHE 1101/1110 and 1102/1120 \_\_\_\_\_ (Gen Ed: Sci. Inq.)

- SOC 1000 \_\_\_\_\_ (3) The Sociological Perspective (Gen Ed theme: H&S: Individual and Society)
- SOC 1110 \_\_\_\_\_ (3) Marriage & Family Relations
- NUT 2202 \_\_\_\_\_ (3) Nutrition and Health (Gen Ed: Wellness Literacy, 2sh)
- MAT 1025 \_\_\_\_\_ (4) Algebra & Elementary Function (required ONLY if an Exercise Science Minor is pursued)  
(Gen Ed: Quantitative Literacy)
- H P 2100 \_\_\_\_\_ (3) Health Program Planning & Evaluation (WID)
- H P 2200 \_\_\_\_\_ (3) Lifestyle Disease & Risk Reduction
- H P 3000 \_\_\_\_\_ (3) Fitness in Health Promotion
- HP/HED 3100 \_\_\_\_\_ (3) Emergency Care & CPR
- H P 3130 \_\_\_\_\_ (3) Environmental Health
- H P 3200 \_\_\_\_\_ (3) Health Risk Appraisal
- H P 3700 \_\_\_\_\_ (3) Health Behavior Change
- H P 4100 \_\_\_\_\_ (3) Biostatistics
- H P 4200 \_\_\_\_\_ (3) Principles of Epidemiology (Prerequisite: HP 4100)
- H P 4300 \_\_\_\_\_ (3) Smoking Cessation/Alcohol Treatment Program
- H P 4400 \_\_\_\_\_ (3) Weight Management (Prerequisite: NUT 2202)
- H P 4701 \_\_\_\_\_ (3) Seminar in Health Promotion (Prerequisite: HP 3200)
- H P 4800 \_\_\_\_\_ (3) Health Promotion Interventions (Prerequisite: HP 2100 and Senior Standing)
- H P 4900 \_\_\_\_\_ (6) Internship (CAP) (Senior Standing)
- COM 2101 \_\_\_\_\_ (3) Public Speaking (C minimum)
- C S 1410 \_\_\_\_\_ (2) Introduction to Computer Applications (Prerequisite: passing Math placement or MAT 0010)
- E S 2030 (4) Concepts in Human Anatomy and Physiology (Prerequisite: BIO 1101 or BIO 1801 or CHE 1101/1110)
- SOC 3100 \_\_\_\_\_ (3) Gerontology

**Minor Requirements (minimum # of required hours)..... 15**

**NOTE:** *Each minor differs in number of hours and requirements: see catalog*

*Minor must be approved by an advisor.*

*9 sh of a minor must be completed at Appalachian*

**Free Electives (to total a minimum of 122 sh)..... 5**

*Note: 2 sh of free electives outside the major discipline are required.*

**General Education courses taken for the major ..... - Up to 20**

**TOTAL ..... 122**